

Do YOU Have the Blues?

Look at the questions below. Circle your answer. At the bottom, add up your answers (1 point for #1, 2 points for #2, 3 points for #3 and 4 points for #4) and place your answer in the box at the bottom.

What do you do if you feel down, sad, or low?

1. I'm never sad, always gloriously happy.
2. Not talk to anyone.
3. Snap at anyone and everyone who comes my way.
4. Go to my room and shut the door.

If your pet worm died, would you:

1. Bury him with full military honors.
2. Cry until you dug up another one.
3. Go get a hamburger.
4. Sit all night on the mud where you found him as a memorial.

If you broke a nail, would you:

1. Stick it back on with glue.
2. Scream at the top of your lungs.
3. Make another one out of a ping-pong ball.
4. Cry for one solid hour.

My Total: